

LNSC CODE OF CONDUCT

Players, referees, coaches, parents, and other spectators at any LNSC sponsored or LNSC-related function are expected to conduct themselves at all times in a manner consistent with both the Laws of the Game, and consistent with the spirit expressed within. Persons who participate in these activities are subject to disciplinary actions as provided in the LNSC Bylaws, and other applicable NCYSA regulations. The following describe the expectations Lake Norman Soccer Club has of our players:

- Play by the rules of soccer and in a sportsmanlike manner.

- Treat officials, coaches, spectators and players respectfully and without argument on and off the field.

- Be on time for games and practices and to notify coaches and managers if they cannot attend.

- To train to the best of his/her ability.

- To not use unnecessary rough tactics in games and practices.

- Not participate in abusive or violent behavior of any kind or use foul, abusive or derogatory language, obscene or vulgar gestures towards officials, coaches, players or spectators, whether on or off the field.

- Respect property and refrain from stealing or destroying equipment or other property.

- Not use or possess illegal drugs, alcohol or tobacco. In addition, the player will not abuse legal drugs or bring them to games or practices without permission from his/her coach and parents.

Our actions reflect on our Team, our Club and our Community.

Center of Excellence Programs

Lake Norman Soccer Club is a 501(c) 3 organization that provides advanced instruction and training to youth soccer players. Our Center of Excellence provides training programs and clinics open to all area players looking to take their play to the next level. All training stresses technical and tactical training as well as fitness. The training sessions are run by the LNSC Staff assisted by coaches involved in the club. Each player will be pushed to their full potential and gives them the opportunity to train and continue to develop their technical skills outside of their weekly team sessions. Repetition with dribbling, passing, receiving, finishing, and fitness will be the core benefit from the Center programs. The Center of Excellence also offers classes for coaches to obtain their E and D certifications.

2009 Programs include:

Pre- Academy— Designed for kids 5 to 9 years of age looking for professional training to assure they make their 'first kick' right. The Wednesday sessions each week after school will allow kids the opportunity also be involved on a local recreation team will developing their skills.

Small Sided Summer and Winter Leagues—Our objective is to offer soccer players from 5 years of age to 17 years of age the opportunity to accelerate develop of their skills and effectively learn the strategies to be competitive. Come and experience the difference small sided play can make to the development of a soccer player!

US Club Summer Teams—Our objective is to offer soccer players 11 to 18 years of age the opportunity to grow experience the growth develop their skills by competing against some of the Premier teams of the Southeast and the Nation.

Individual and Team Skills Training— Our objective is to make available expert training to soccer players of all ages to address the technical, tactical, physical fitness and agility of the dedicated soccer player.

Soccer Camps—Our objective is to provide various opportunities to area youth to develop skills from Nationally Licensed Coaches through day and half-day training sessions offered when school is out on Teacher Work Days, Spring Break, and Summer Vacation.

The Center of Excellence

“Sharing Our Winning Strategies”

Lake Norman Soccer Club

Making Goals... Shaping Lives
- building skills for soccer and life.



Lake Norman Soccer Club
Boys and Girls Ages: U7—U18
Academy/Challenge/Classic/Premiere Teams

Tel: 704.799.0800
Fax: 704.799.0883

www.lakenormansoccer.com

Parental Consent Form

Name _____ DOB _____

Parent/Guardian Name _____

Allergic Reactions (drugs, food, asthma,...) YES NO

If yes, list: _____

Taking any medication at this time? YES NO

If yes, list: _____

Special needs? YES NO

If yes, list: _____

In Case of Emergency

Parentr's Name _____

Home Phone _____ Cell Phone _____

Home Phone _____ Cell Phone _____

Emergency Contact Name _____

Home Phone _____ Cell Phone _____

I/We the undersigned hereby certify that I(we) am(are) the parent(s) or legal guardian(s) of the player. I(We) hereby give permission for the staff of the Center Staff to seek appropriate medical attention for the player and for the medical attention to be given and for the player to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of medical attention and treatment, except for that covered by the player's excess medical coverage policy. I (We), the undersigned ourselves, our heirs, executors and administrators waive, release and forever discharge Lake Norman Soccer Club Center of Excellence and its staff, officers, agents, employees, representatives and successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in Center activities or while at the Center, whether or not damages, injury or loss is due to negligence. I(WE) HEREBY ACKNOWLEDGE THAT OUR CHILD IS PHYSICALLY FIT AND MENTALLY CAPABLE OF PARTICIPATING IN LAKE NORMAN SOCCER CLUB CENTER OF EXCELLENCE ACTIVITIES and CURRENTLY NOT ROSTERED WITH ANOTHER NCYSA CHALLENGE OR CLASSIC CLUB.

Parent/Guardian Signature

Our Approach

Our programs are developed and designed by the Directors of Coaching at Lake Norman Soccer Club to place emphasis on:

Having fun while learning.

Dribbling (change of direction moves; stops & starts; fakes & feints).

Passing (inside/ outside; instep).

Receiving (ball control & receiving high balls).

Shooting (to finish).

Juggling (developing the beautiful game)

Our Professional Staff will work on developing the above techniques within the small side game concept.

- The beginning player will be introduced to basic skills for those playing soccer for the first time.
- Players will be by age groups/ teams.
- Players will be required to bring their soccer balls, water, soccer appropriate clothing, shoes and a Great Attitude.

See Our Website
www.lakenormansoccer.com

for
Training Schedules,
Locations and Times
and
other LNSC Opportunities
or
Call: 704.799.0800
for more details.

About the Coaching Staff

Chip Warner—Director of Soccer

Prior to LNSC Chip coached at the collegiate level at Cornell University and Colgate University. Eight years of college coaching experience and 13 years of youth coaching experience. Played professionally for the Rochester Rhinos and Roanoke Wrath. Founding member of Syracuse Football Club (SFC). In only two seasons SFC had 8 State Cup Champions and Regional Semi-finalists in Region 1. He was an Olympic Development Program coach for New York State West. Holds NSCAA National and Advanced National Diplomas.

Godwin Iwelumo—Director of Coaching

Head coach for Cayuga Community College and Director of Coaching for CNY United in New York. Has several years experience at the collegiate level. USASA Region 1 coach for the U.S. Soccer Festival (6 years). New York State West Olympic Development Program Coach (15 years). Nigerian National World Cup and Olympic Team from 1975-1978 (38 Caps with the National Team). Currently holds his USSF National "Youth" License, USSF "A" License, Dutch (KNVB) Youth License, and FIFA Training License with the National Team.

Jeremy Weeks—Director of Coaching

Played four years at Erskine College and coached as the first assistant at Erskine. Joined LNSC as a Director of Coaching in 2006. Has been involved with the Ralph Lundy Soccer Academy and Ben Freakley School of Soccer summer camps. Currently holds the USSF "C" License and the NSCAA Premier Diploma.

Brian Couch—Goalkeeper Coach

Played his college soccer with the Club team at Appalachian State. Since 2000 has been the Goalkeeper Coach for Mooresville High School varsity teams and a youth coach at LNSC. Holds the NSCAA Regional Goalkeeper certification.

Team Coaches

Most LNSC Coaches have played at the collegiate level and many have played at the professional level. Each has many years of experience successfully coaching youth soccer.