

**The LNSC
Center of Excellence**

Spring Break 2009 Camp

— Targeted training and affirming coaches are essential to developing soccer skills.

*Mooresville City Schools
April 6th through April 10th
at The Mooresville Stadium Field
and*

*Iredell County Schools
April 13th through April 15th
At Stumpy Creek Park*

**Lake Norman
Soccer Club**

Making Goals... Shaping Lives
- Building skills for soccer and life



Lake Norman Soccer Club
Boys and Girls Challenge/Classic Teams
Ages: U9—U18

Tel: 704.799.0800
Fax: 704.799.0883

www.lakenormansoccer.com

*Our camp is designed to introduce kids ages 5 to 8 to soccer or accelerate the development of the experienced soccer players ages 9 to 15. Our desire is to instill a love of the game in those that participate. All sessions will be led by our **Nationally Qualified Directors of Coaching**. We will maintain a staff ratio to players of 1 to 12 or less to assure your child is receiving the best personal soccer instruction. The camp will begin each day at 9 AM and conclude at Noon for ½ days and 4 PM for full days. Players will be required to bring their soccer balls, water, soccer appropriate clothing, shoes and a Great Attitude. Cost: \$95 (all five sessions)*

Our Approach

Developed and designed by the Directors of Coaching at Lake Norman Soccer Club to place emphasis on:

Having fun while learning.

Dribbling (change of direction moves; stops & starts; fakes & feints).

Passing (inside/ outside; instep).

Receiving (ball control & receiving high balls).

Shooting (to finish).

Juggling (developing the beautiful game)

Our Professional Staff work on developing the above techniques within the small side game concept.

Schedule*

9 AM to 10:30 AM — Technical Session and Speed and Agility Sessions each day.

10:40 AM to Noon — Tactical Sessions to include offensive and defensive shape allowing team to attack goal and maintain shape to prevent giving up goals.

* **Iredell County** (because of change in school break schedule the camp will be a full day on Monday and Tuesday and ½ day on Wednesday. Schedule will repeat morning and afternoons concluding at 4 PM and at noon on Wednesday)

About Our Coaching Staff

Chip Warner—Director of Soccer

Prior to LNSC Chip coached at the collegiate level at Cornell University and Colgate University. Eight years of college coaching experience and 13 years of youth coaching experience. Played professionally for the Rochester Rhinos and Roanoke Wrath. Founding member of Syracuse Football Club (SFC). In only two seasons SFC had 8 State Cup Champions and Regional Semi-finalists in Region 1. He was an Olympic Development Program coach for New York State West. Holds NSCAA National and Advanced National Diplomas.

Godwin Iwelumo—Director of Coaching

Head coach for Cayuga Community College and Director of Coaching for CNY United in New York. Has several years experience at the collegiate level. USASA Region 1 coach for the U.S. Soccer Festival (6 years). New York State West Olympic Development Program Coach (15 years). Nigerian National World Cup and Olympic Team from 1975-1978 (38 Caps with the National Team). Currently holds his USSF National "Youth" License, USSF "A" License, Dutch (KNVB) Youth License, and FIFA Training License with the National Team.

Jeremy Weeks—Director of Coaching

Played four years at Erskine College and coached as the first assistant at Erskine. Joined LNSC as a Director of Coaching in 2006. Has been involved with the Ralph Lundy Soccer Academy and Ben Freakley School of Soccer summer camps. Currently holds the USSF "C" License and the NSCAA Premier Diploma.

Brian Couch—Goalkeeper Coach

Played his college soccer with the Club team at Appalachian State. Since 2000 has been the Goalkeeper Coach for Mooresville High School varsity teams and a youth coach at LNSC. Holds the NSCAA Regional Goalkeeper certification.

Team Coaches

Most LNSC Coaches have played at the collegiate level and many have played at the professional level. Each has many years of experience successfully coaching youth soccer.



Application

(players registered with another NCYSA Challenge or Classic Team may attend only with their Club approval)

PLEASE COMPLETE ALL INFORMATION ON THE FRONT AND BACK. PLEASE PRINT CLEARLY IN INK.

Player's Name: _____

Address _____

City: _____ State: _____ Zip: _____

Home Phone: ____-____-____ NCYSA Affiliation yes___ No___

Sex: Male ___ Female ___ Age: ____ DOB: __/__/____

Is your team/group attending camp? YES ___ NO ___

If YES, the name of team/group _____

Please indicate: ___ Field Player ___ Goalkeeper

E-mail (REQUIRED): _____

Bring completed Parental Consent Form and Application with check for \$95 to field or mail to :

Lake Norman Soccer Club

P.O. Box 3813

Mooresville, NC 28117

Phone: 704.799.0800

Fax: 704.799.0883

Parental Consent

Player _____ DOB _____

Allergic Reactions (drugs, food, asthma,...) ___ YES ___ NO

If yes, list: _____

Taking any medication at this time? ___ YES ___ NO

If yes, list: _____

Special needs? ___ YES ___ NO

If yes, list: _____

In Case of Emergency

Parents Name _____

Home Phone _____ Cell Phone _____

Home Phone _____ Cell Phone _____

Emergency Contact Name _____

Home Phone _____ Cell Phone _____

I/We the undersigned hereby certify that I(we) am(are) the parent(s) or legal guardian(s) of the player. I(We) hereby give permission for the staff of the Center Staff to seek appropriate medical attention for the player and for the medical attention to be given and for the player to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of medical attention and treatment, except for that covered by the player's excess medical coverage policy. I(We), the undersigned ourselves, our heirs, executors and administrators waive, release and forever discharge Lake Norman Soccer Club Center of Excellence and its staff, officers, agents, employees, representatives and successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in Center activities or while at the Center, whether or not damages, injury or loss is due to negligence. I(WE) HEREBY ACKNOWLEDGE THAT OUR CHILD IS PHYSICALLY FIT AND MENTALLY CAPABLE OF PARTICIPATING IN LAKE NORMAN SOCCER CLUB CENTER OF EXCELLENCE ACTIVITIES and CURRENTLY NOT ROSTERED WITH ANOTHER NCYSA CHALLENGE OR CLASSIC CLUB.

Parent/Guardian Signature _____